

# AllPro Foot

## Posterior Mount Product Manual

*Fillauer*®

## Instructions

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The AllPro PM foot system has been designed and manufactured for specific patient weights. Failure to follow the weight guidelines and/or overload conditions caused by the patient, such as heavy lifting, high impact sports, or abusive activities that would otherwise damage the natural limb, may void the warranty.

- Please review the FAQ section of the manual on page 6 before use of the foot. These instructions should be read prior to fitting and followed to ensure the proper integration of the AllPro foot into the patient's prosthetic system.
- The foot stiffness is based on weight and activity level. Please provide accurate patient information so that the appropriate foot may be selected.

## Product Specifications

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- Build height: 4 in. (10 cm)
- Rated for patients up to 330 lbs. (150 kg)
- Weight: 21 oz. (600 g)
- Moderate to very high activity levels

# Installation

**Attention:** Deviating from the installation instructions or modifying the foot in any way will void any product warranty and could lead to product failure and injury to the patient.

## Heel Bumper Installation

The foot is supplied with two heel bumpers: the PU Foam bumper (40A) is standard and pre-installed. If desired, the firmer bumper (Solid Rubber 40A) can be installed to make the heel firmer.

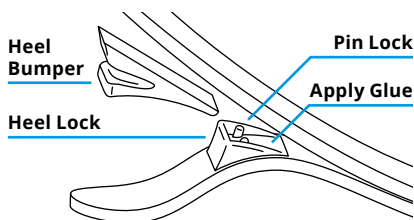


Figure 1

1. Pull the pylon and foot plate apart. Insert a piece of plastic to hold parts open.
2. Remove the Heel Bumper by pulling it up and away from the heel lock.
3. Install the new bumper and ensure the Lock Pins engage the Heel Bumper properly.
4. When the desired bumper density is determined, remove the bumper and apply Superglue to the Heel lock and reinstall the bumper

## Static Alignment—Sagittal Plane

Before aligning, the initial heel height should be established. Using the adapter surface for reference, the AllPro PM employs a 5° posterior lean (Figure 1) with a 10 mm ( $\frac{3}{8}$  in.) heel block to preload the anterior keel. When the patient is weight bearing, the socket bisection should settle to a vertical to slightly flexed position.

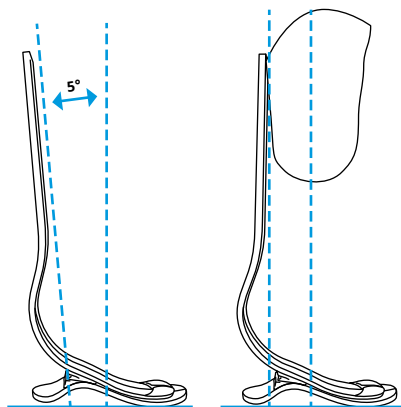


Figure 2

## Transtibial Frontal Plane Alignment

A plum line from the bisection of the socket at the proximal brim in the frontal and sagittal plane should bisect the keel of the foot (Figure 2). The foot may be slightly inset 1 – 12 mm depending on the limb length. Most runners prefer a wider base of support with the foot slightly lateral to the

distal bisection 7 – 13 mm. The longitudinal axis of the foot will be externally rotated approximately 5 – 8° by aligning the medial border of the foot with the line of progression.

### Transfemoral Static Bench Alignment

Proximal sagittal socket bisection should fall 10 – 15 mm posterior to the midfoot. The foot should be aligned with 5° of toe out.

### Dynamic Alignment

It is important to align the prosthesis so that the anterior keel is loaded sufficiently to provide dynamic response late in stance. Some bending of the carbon pylon is desirable for optimal performance and foot deflection may be more noticeable during dynamic alignment. For a dedicated running or sport leg, up to ½ in. (12 mm) additional height accommodates for spring deflection during high activity. Patient feedback during this process is essential. Adjust the plantar/dorsiflexion angles using the Posterior Mounting Bracket Kit (PN 180-10-2010) and alignment wedges to achieve a smooth transition from heel to toe.

- Check for smoothness of gait and ground contact throughout the stance phase of gait.
- If the heel rollover is delayed from heel strike to midstance, or the heel compression is too great, dorsiflexion of foot may correct this problem.
- If the heel rollover is too rapid from heel strike to midstance, or the heel is too hard, plantarflexion of the foot may solve this problem.
- If the heel rollover is too rapid from heel strike to midstance to toe loading, increased plantarflexion may be required.
- If the heel rollover from midstance to toe loading is delayed, dorsiflexion may be indicated.
- Check to make sure pylon is vertical in the frontal plane at midstance. This angulation will be done by moving the bracket, so extra time spent in bench alignment to properly match the patient's current angulation is advised.

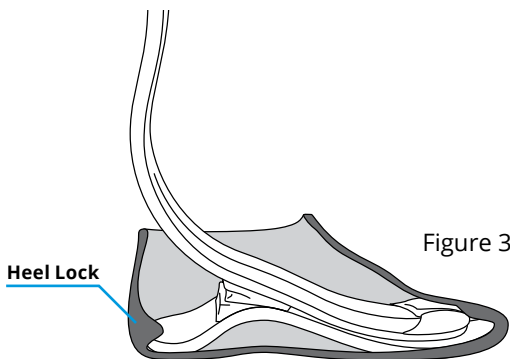
## Foot Shell Installation and Removal

The AllPro PM foot features a unique cosmetic foot shell that is flexible and durable. Use care in the installation and removal of the foot shell to maintain its appearance and durability.

**NOTE: Never use a sharp edged tool such as a screwdriver to install or remove the foot shell.**

### Installation

- Pull the Spectra sock tightly onto the foot, pulling excess material proximally to the ankle to eliminate wrinkling.
- Insert the forefoot into the foot shell as far as possible. Set the heel on a supportive surface with the toe up and push the shell onto the foot until the toe is in position. Rotate the foot side to side to allow the foot shell to slide onto the heel. Push foot shell over the heel, or if necessary, insert shoehorn into foot shell and allow heel to slide down shoehorn into the heel lock.



**IMPORTANT: The heel of the wave spring must slide into the heel lock in the foot shell for proper alignment and to secure the foot in the foot shell (Figure 3).**

### Removal

- Place the foot on a flat surface so that the heel is hanging over the edge.
- Apply downward force to the top portion of the foot shell at the heel. The heel plate should pop out of the heel lock, allowing removal of the foot shell by hand. If foot shell is too tight, a smooth edged shoehorn may be used to disengage the heel lock.

# Frequently Asked Questions

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## What can the practitioner do if the heel or toe is too soft or too firm?

The heel and toe rollover resistance may also be fine-tuned during the dynamic alignment (page 4) by plantarflexing, dorsiflexing, or shifting the foot anterior or posterior. The heel may be adjusted independently using the wedges.

## Can the foot be worn without a foot shell?

Yes, the foot may be used without a foot shell; however, some type of protective covering must be used to protect the composite blades from abrasion and high impact. A durable sole material must be permanently bonded, using Master® All-Purpose Cement or similar contact cement, to the plantar surface of the foot to provide the necessary traction and protection. Any foreign materials or grit must be routinely cleaned away to prevent excessive wear.

## Can I get my AllPro wet?

The AllPro is designed to be maintenance free. The foot is water resistant; however, if the foot is submerged in water, the foot and foot shell should be rinsed with fresh water and dried immediately.

## Is there regular maintenance on the foot for which I should see my prosthetist?

The AllPro is a high performance foot and should be inspected every 6 months for signs of abnormal wear and that the attachment/alignment screws are secure.

## How should I clean my foot shell?

Patients should clean the prosthetic foot shell with a soft cloth and a soap and water solution and should inspect the shell for the presence of sand or other debris weekly. The foot shell may also be cleaned with rubbing alcohol (70%). **Do not use acetone. It will damage the foot shell.**

## What should I do if my foot is no longer performing as well or is making noise when in use?

If the foot performance changes or if it makes noise, the patient should immediately contact his or her practitioner.

## Warranty

- 24 months from date of patient fitting
- Foot Shell (sold separately) — 6 months from date of patient fitting

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## Patient Trial

- A patient trial is not available for posterior mounted feet

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[www.fillauer.com](http://www.fillauer.com)

**Fillauer LLC**

2710 Amnicola Highway  
Chattanooga, TN 37406  
423.624.0946

**Fillauer Europe**

Kung Hans väg 2  
192 68 Sollentuna, Sweden  
+46 (0)8 505 332 00



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